

insect revolution

join the edible

bugsolutely

The first pasta with 20% cricket flour.
Rich in protein and a good source of fiber and vitamin B12



CRICKET PASTA

bugsolutely

NET WT: 12.3 OZ. (350 g)

CRICKET PASTA
bugsolutely

CRICKET PASTA FEATURES OUTSTANDING NUTRITIONAL PROPERTIES

- Rich in protein (12 g per serving, 24% DVR)
- Good source of fiber (3 g per serving, 12% DVR)
- Good source of vitamin B12 (0.62 mcg per serving)
- Provides 5.51 mg of Omega 3 fatty acids per serving

CRICKETS: A FOOD REVOLUTION

The Western world is discovering the nutritional properties of insects. According to experts, insects are the protein of the future. Crickets, in particular, have exceptional nutritional contents. Up to 70% of their weight is protein. That's more than double the amount of a cow. They also provide crucial nutrients for our bodies as fibre and vitamin B12. Our crickets come from controlled farms and their feed does not contain any chemical or pharmaceutical products.

AT THE FOREFRONT OF SUSTAINABILITY

Crickets are the animal protein source with the lowest impact on the environment. They release 80% less methane than cattle and they require much less feed than any other farm animal. They need 1,000 times less water than cows. They are considered by the United Nations' FAO one of the best ways to ensure food security.

10-1-14550-1-0057



Store in a dry and cool place. Best before:

INGREDIENTS
Semolina (Wheat),
Cricket flour (20%),
Durum wheat flour

COOKING INSTRUCTIONS
Fill a large pot with water, add salt and place over high heat. When water boils add the pasta. Cook for about 5 or 6 minutes.

CERTIFICATIONS
Our cricket flour is made by certified producers according to international standards, with crickets from controlled farms. The pasta production is HACCP certified. Cricket Pasta is approved by the Thai Food and Drug Agency.



PRODUCT OF THAILAND. MANUFACTURED FOR:
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Allergen information: people allergic to crustaceans might be allergic to this product.

Nutrition Facts	
Serving Size 2 oz (56 g)	
Servings Per Container about 7	
Amount Per Serving	
Calories 210 Calories from Fat 25	
	% Daily Value*
Total Fat 3 g	5 %
Saturated Fat 1 g	5 %
Trans Fat 0 g	
Cholesterol 10 mg	3 %
Sodium 80 mg	3 %
Total Carbohydrate 35 g	12 %
Dietary Fiber 3 g	12 %
Sugars 5 g	
Protein 12 g	
Vitamin A 0% • Vitamin C less than 2%	
Calcium 2% • Iron 8%	
Vitamin B12 10% • Potassium 4%	
* Percent Daily Values are based on a 2,000 calories diet. Your daily value may be higher or lower depending on your calories needs.	
Calories 2,000 2,000	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	